

To take a fast glimpse of India, the Golden triangle is the most preferred tour. Northern India conjures up memorable and colourful images including Delhi, Agra and Jaipur. You will witness the fast-developing Capital of India- Delhi, the most romantic building in the World, The Taj Mahal, Fatehpur Sikri, the finest preserved deserted city in India and The Pink City of Jaipur, home to the wonderful former Maharaja Palace and splendid hilltop Amber Palace.

An outstanding and unusual trip for beginners of lovers of Yoga, set amongst the outer Himalaya and its beautiful hill stations, with stunning mountain views. The age-old practice of India today has become a fashion all over the world, which is known as Yoga. A form of exercise that has been practiced in India through the ages to energize, rejuvenate oneself and also to cure many diseases. Different angles and modes of exercise with control over breathing and spiritualism is Yoga. Meditation is the essence of Yoga and what other place can be better to learn and practice Yoga in the most serene and beautiful environs of Rishikesh.

#### DAY 01: DELHI

Arrive at Indira Gandhi International airport at Delhi and meet our representative. Transfer to hotel. Check-in at the hotel. Rest of the day at leisure.

Overnight stay at the hotel.

## DAY 02: DELHI

After breakfast, morning half day city tour of Old Delhi visiting Raj Ghat - The Mausoleum of Mahatma Gandhi. Jama Masjid - the biggest Mosque in India and drive past Red Fort and tricycle tour of Chandini Chowk. Afternoon, half day city tour of New Delhi visiting drive past President House, Parliament House (House of Representatives) and India Gate - War Memorial

(stop for photography), Qutab Minar - 72.55 meters, high Victory Tower, Humayun's Tomb - built of red sandstone and is a first substantial example of the Mughal architecture. If time permits visit Bahai Temple (lotus temple). Overnight stay at the hotel.

## DAY 03: DELHI – JAIPUR (258 KMS.)

After breakfast, check out from the hotel and leave for Jaipur by road (04 hrs. drive) - the pink city of India. The capital of Rajasthan was given a colour coat of pink, a century ago in the honour of a visiting Prince, ever since it has retained the pink colour. Enroute visit Amber Fort – remarkable for the majestic grandeur of its surroundings as for its sturdy battlements and beautiful palaces. Climb up to the fort on the back of an Elephant or by jeep. Upon arrival at Jaipur, check in to the hotel. Overnight stay at the hotel

#### DAY 04: JAIPUR

Post breakfast, local city tour visiting City Palace - where the former Maharaja still resides in a part of it but rest now serves as a museum. Also visit Jantar Mantar, an observatory built by a great astronomer Sawai Jai Singh onto drive past through Hawa Mahal (Palace of winds). Late afternoon, explore the colourful bazaars of Jaipur where one can shop for Jewellery, Paintings, block prints, textiles, carpets, brassware, blue pottery etc. Overnight stay at the hotel.

#### DAY 05: JAIPUR – FATEHPUR SIKRI – AGRA (235 KMS.)

After breakfast, checkout from hotel and leave for Agra (4 hrs. drive). Enroute visit Fatehpur - Sikri (40 kms. from Agra) - once the capital of Mughal Empire and abandoned after 15 years due to scarcity of water. Its fortifications and Palaces are in a wonderful state of preservation. Upon arrival at Agra, check-in at hotel. Rest of the day at leisure. Overnight stay at the hotel.

#### DAY 06: AGRA

Post breakfast, visit the World-famous Taj Mahal, built by Mughal Emperor Shah Jehan in the year 1652 as a memorial for his beloved wife Mumtaz Mahal. It took 22 years to create this jewel. Agra Fort - four successive rulers helped create this massive fort. Tomb of Itmad-ud-Daullah – built by Empress Noorjehan in memory of her father. Rest of the day at leisure. Overnight stay at hotel.

# DAY 07: AGRA - RISHIKESH

Post breakfast, check out from the hotel and leave for Rishikesh by road (7 hrs drive). Arrive at Rishikesh and check into the hotel. Time to relax. In evening, visit Haridwar to witness evening rituals at THE HOLY RIVER GANGES. Overnight stay at hotel.

#### **DAY 08: RISHIKESH**

Discover inner tranquillity by practising Yoga and sunrise meditation. Afternoon, experience the healing science of Ayurveda. Ancient herbs and spices, combined with Soothing hands will delight the senses and rejuvenate your body. Overnight stay at the hotel.

#### **DAY 09: RISHIKESH**

Discover inner tranquillity by practising Yoga and sunrise meditation. Consultation on all health goals, from nutrition, exercise, stress management and detoxification to anti-ageing treatments. Overnight stay at the hotel.

### **DAY 10: RISHIKESH**

Early morning drive to Hindolakhal. Arrive and start trek to Kunjapuri. The one-hour trek goes through thick forest till reach the top - Kunjapuri. Witness the sunrise on Greater Himalayan peaks. After exploring the area join class for Yoga and Meditation. Return to Hotel. Afternoon free to enjoy Ayurvedic Massage. In evening, discussions on Traditional Yogic diets and other cuisines to revitalise their body and soul from the daily stress at work through a healthy approach to diet and lifestyle. Overnight stay at hotel.

## **DAY 11: RISHIKESH**

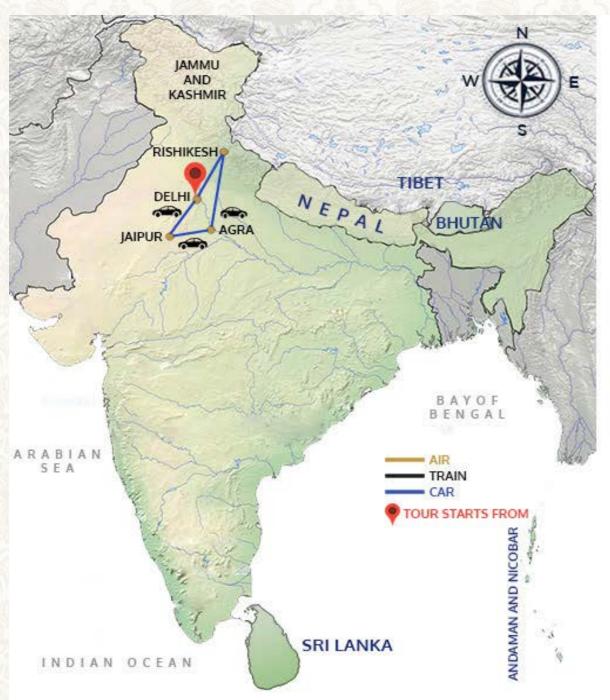
Morning practice Yoga. Afternoon, visit Rajaji National Park for a Wildlife Safari. Briefing of Jungle discipline, animal behaviour and low impact eco - friendly outdoors. Overnight stay at hotel.

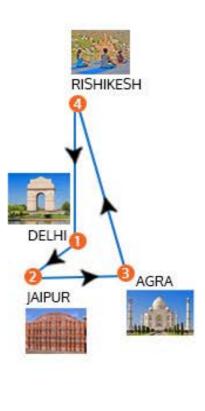
#### **DAY 12: RISHIKESH – DELHI**

Morning practice Yoga. Post breakfast, check out from the hotel and leave for Delhi by road (5 hrs drive). Arrive at Delhi and check-in to the hotel. Time to relax/at leisure. Overnight stay at hotel.

#### **DAY 13: DELHI**

Breakfast at the hotel. Full day at leisure. Late check out from the hotel. Evening transfer to hotel near airport for dinner and then transfer to international airport to fly back home / onward destination.





# **Contact Our Destination Specialist**

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