



**LUXE INDIA**  
TOURS AND TRAVELS PVT. LTD.

# Foothills of Himalayas with Valley of Flowers

**DELHI / RISHIKESH / RUDRAPRAYAG / PIPAL KOTI / JOSHIMATH / GOVINDGHAT  
GHANGARIA / VALLEY OF FLOWERS / GHANGARIA / HEMKUND LAKE / GHANGARIA  
GOVINDGHAT / BADRINATH / JOSHIMATH / PIPAL KOTI / RUDRAPRAYAG / RISHIKESH / DELHI**

13 days trip starting from \$1780 per person

Uttarakhand Himalayas has the major chunk of Indian Himalayas. Remained underdeveloped for a long time the area is still in its primitive form and has vast areas of pure wilderness. Uttarakhand (Garhwal & Kumaon), harbouring many snow covered peaks above 6,500 meters, is an excellent destination for trekkers and mountaineers. Trekking in the different valleys of pure wilderness, harbouring different cultures offer a chance to have a close encounter with outstanding views of greater Himalayan range, alpine meadows, rare high-altitude flora and fauna, the lifestyle of the mountain people, their settlement patterns, dress, dialect, Jewellery and other things.

Of all the Himalayan meadows and flower valleys, nothing compares to Garhwal's unique rock garden, the Valley of Flowers, full of the most fascinating, fabulous, and rich variety of flowering herbs. According to the legends, the Valley of Flowers has been associated spiritually with the name of 'Hanuman', the legendary hero of Ramayana, the great Indian epic.

First brought to limelight in 1931 when Frank Smythe, a British naturalist and mountaineer, who after scaling Kamet peak, stumbled upon it by chance. Later on, Smythe, assisted by England's eminent botanist R. L. Holdsworth, explored the valley extensively. Now, to restore the natural balance and conserve this natural heritage, the Valley of Flowers and its environs are declared as Pushpavati National Park. Enjoy the trip exploring the famous Valley of Flowers and Hemkund, one of the finest high altitude Himalayan lakes in the region with visit to Badrinath, the most important pilgrimage for Hindus in India and visit Mana, the last Indian settlement towards Tibet.

Trekking in India can be combined with other adventures, cultural experiences and a yoga or wellness retreat in Rishikesh and can be customized for you as per your travel plans. Send us your query.



## **DAY 01: DELHI**

Arrive Delhi's Indira Gandhi International airport & meet our representative. Transfer to hotel. Check into the hotel. Rest of the day at leisure. Overnight stay at the hotel.

## **DAY 02: DELHI**

After breakfast, morning half day city tour of Old Delhi visiting Raj Ghat - The Mausoleum of Mahatma Gandhi. Jama Masjid - the biggest Mosque in India and drive past Red Fort and tricycle tour of Chandini Chowk. Afternoon, half day city tour of New Delhi visiting drive past President House, Parliament House (House of Representatives) and India Gate - War Memorial (stop for photography), Qutab Minar - 72.55 meters, high Victory Tower, Humayun's Tomb - built of red sandstone and is a first substantial example of the Mughal architecture. If time permits visit Bahai Temple (lotus temple). Overnight stay at the hotel.

## **DAY 03: DELHI – RISHIKESH (245 KMS – 4½ HRS)**

After breakfast, check out from the hotel and leave for Rishikesh by surface. Arrive at Rishikesh and check-in at the hotel. Time to relax. In evening, visit Haridwar to witness evening rituals at THE HOLY RIVER GANGES. Overnight stay at the hotel.

## **DAY 04: RISHIKESH – PIPAL KOTI (220 KMS – 7 HRS)**

After breakfast, check out from the hotel and leave for Pipal Koti by surface through Deoprayag, Rudraprayag & Karnprayag. Enroute stop at Rudraprayag for Lunch. Arrive Pipal Koti & check-in at the hotel. Time to relax. Overnight stay at the hotel.

## **DAY 05: PIPAL KOTI – JOSHIMATH – GOVIND GHAT (57 KMS DRIVE) – GHANGARIA (13 KMS TREK)**

After breakfast, check out from the hotel and leave for Govindghat. After reaching Govindghat, trek starts from here to Ghangaria (3000 mts) which will take 4 hrs. Ghangaria is situated in the midst of a pine grove Ghangaria serves as a base for visiting Valley of Flowers & Hemkund Sahib. It is the last human habitation in the valley. Arrive and check-in at the hotel. Overnight stay at the hotel.

## **DAY 06: GHANGARIA – VALLEY OF FLOWERS – GHANGARIA (4 KMS / 2½ HRS EACH SIDE)**

After breakfast, trek / pony ride to valley of flowers (2½ Hrs trek). The entire trek is gradual ascent along the Pushpavati river. Valley of Flower was discovered by Frank Smith while on the Expedition to Mt. Kamet. This picturesque valley covered by rare species of flowers & a wide variety of Butterflies, Musk Deer, Thar & serow are found here. Back to Ghangaria. Overnight stay at the hotel.

## **DAY 07: GHANGARIA – HEMKUND SAHIB – GHANGARIA (6 KMS / 3-4 HRS EACH SIDE)**

Early morning, trek starts from Ghangaria to Hemkund Sahib. Return back to Ghangaria after Darshan of Gurudwara Hemkund Sahib: This imposing star-shaped structure of stone and concrete masonry is on the shores of the lake. An outlet behind the Gurudwara is source of the Lakshman Ganga – a temple of Lord Lakshman which is a small temple nearby and dedicated to Lord Lakshman. Overnight stay at the hotel.



## **DAY 08: GHANGARIA – GOVINDGHAT (13 KMS TREK DOWN) – BADRINATH (26 KMS – 1 HR)**

Early morning, trek down to Govind Ghat. On arrival at Govindghat, drive to Badrinath. Badrinath one of the 'Four Dhams' is one of the most celebrated pilgrimage spots of the country and is situated at an elevation of 3,133 meters, guarded on either side by the two mountain ranges known as Nar & Narayan with the towering Neelkanth Peak providing a splendid backdrop. This revered spot was once carpeted with wild berries. Thus, the place got the name "Badri van", meaning "forest of berries". After Badrinath Temple Darshan, check-in at the hotel. Overnight stay at the hotel.

## **DAY 09: BADRINATH – RUDRAPRAYAG (160 KMS – 6 HRS)**

Early Morning enjoy the sunrise on Neelkanth peak. After breakfast, drive to Mana – the last village on Indo Tibetan border. Explore the area and drive to Rudraprayag. Arrive at Rudraprayag and check in at the hotel. Overnight stay at the hotel.

## **DAY 10: RUDRAPRAYAG – RISHIKESH (140 KMS – 5 HRS)**

After late breakfast, check out from the hotel and leave for Rishikesh by surface. Arrive at Rishikesh and check-in at the hotel. Rest of the day at leisure. Overnight stay at the hotel.

## **DAY 11: RISHIKESH**

Full day at leisure or experience the healing science of Ayurveda. Ancient herbs and spices, combined with Soothing hands will delight the senses and rejuvenate your body. Overnight stay at the hotel.

## **DAY 12: RISHIKESH – DELHI (245 KMS – 4½ HRS)**

After breakfast, check out from the hotel and leave for Delhi by surface. Arrive at Delhi and check-in at the hotel. Rest of the day at leisure. Overnight stay at the hotel.

## **DAY 13: DELHI**

Breakfast at the hotel. Full day at leisure. Late check out from the hotel. Evening transfer to hotel near airport for dinner and then transfer to international airport to fly back home / onward destination.





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Contact Our Destination Specialist

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