

Coconut Holidays with Wellness in India

MUMBAI – COCHIN – MUNNAR – PERIYAR – KUMARAKOM – MARAIKULAM – KOLLAM VARKALA – KOVALAM – TRIVANDRUM – MUMBAI

15 days trip starting from \$2054 per person

This trip is designed to experience the many varied delights of Kerala in a leisurely manner. You will live and breathe Kerala throughout the journey. May be staying in thatch roof houses or journeying along the calm waters in the traditional houseboat - Kettuvallam or even having daily meals with mouth-watering Kerala cuisine and there is an opportunity to cook as well as eat. It is a combination of holidaying and exploring Kerala in the most eco-friendly manner that gives an exhilarating experience.

While one seeks adventure and natural splendour, rejuvenation of Mind, Body and Soul is also the key factor for the tourists coming to India. To combat the cons of modernism, India is the best place to unwind yourself, in the eco-friendly and pollution free zone, with the best of Ayurveda and Yoga treatments. Ayurveda literally means the 'science of life' and the beautiful sojourn southern state of Kerala is famous for the same. Come and experience the therapies those recharge you in the most serene and spectacular locales.

DAY 01: MUMBAI

Arrive at Mumbai International airport & meet our representative. Transfer to hotel. Check-in at the hotel. Rest of the day at

leisure. Overnight stay at the hotel.

DAY 02: MUMBAI – COCHIN (BY AIR)

After breakfast, check out from the hotel and transfer to airport for flight to Cochin. Arrive at Cochin Airport and transfer to hotel. Check in at the hotel. Afternoon, Cochin city tour visiting the Jewish Synagogue, built in 1568 AD and decorated with copper plates bearing the Hebrew script and hand painted Chinese tiles. The Ancient Catholic Church at Malayathur is dedicated to ST. Thomas. Visit St. Francis Church in Fort cochin, built originally by the Portuguese in 1510 AD and is believed to be the first church built by Europeans in India. Vasco-da-Gama was originally buried here but forty years later his mortal remains were taken to Portugal. Also, visit the Mattan-Cherry Palace also called the Dutch Palace built by the Portuguese and presented to the King of Cochin in 1555 AD.

The Chinese fishing nets at the entrance of the harbour along the backwaters are a fascinating sight. These nets that line the sea front exhibit a mechanical method of catching fish, introduced by Chinese traders to the coast of Malabar. Evening, witness the Kathakali Dance Programme. Overnight stay at the hotel.

DAY 03: COCHIN – MUNNAR (130 KMS – 04 HRS)

After breakfast, check out from the hotel and leave for Munnar by surface. Arrive at Munnar and check in at the hotel. Afternoon, visit to Tea/ Spice Plantation. Among the exotic flora found in the forests and grasslands here is the NeelaKurinji. This flower which bathes the hills in blue every twelve years, will bloom next in 2030 AD. Munnar also has the highest peak in South India, Anamudi, which towers over 2695 m. Anamudi is an ideal spot for trekking. Overnight stay at the hotel.

DAY 04: MUNNAR – PERIYAR (90 KMS – 03 HRS)

After breakfast, check out from the hotel and leave for Periyar Wildlife Sanctuary (Thekkady) by surface. Periyar is dominated by two things - the sanctuary and plantation of spices, tea, coffee and Cardamom. Arrive at Periyar and check in at the hotel. Afternoon, boat ride at lake Periyar to view wildlife. Periyar Sanctuary is one of the best in the country for watching and photographing wildlife. Overnight stay at the hotel.

DAY 05: PERIYAR – KUMARAKOM (115 KMS – 3½ HRS)

After breakfast, check out from the hotel and leave for Kumarakom by surface. Arrive at Kumarakom and check in at the hotel. Sunset cruise in the evening. Overnight stay at hotel.

DAY 06: KUMARAKOM – MARAIKULAM (30 KMS – 45 MINUTES)

Early morning, visit to the bird sanctuary. After breakfast, check out from the hotel and visit to the Farmhouse. Transfer to Maraikulam by surface. Arrive at Maraikulam and check in at the hotel. A much sought-after destination for the beach lovers, Maraikulam is the home to the prismatic Maraikulam Beach. Visited by thousands and millions of beachgoers, this beach is known for its magical charm, serene ambience, and varied leisure options. Stippled with swaying evergreen coconut groves, this village also offers exciting backwater cruise options. Overnight stay at the hotel.

DAY 07: MARAIKULAM

Breakfast at the hotel. Full day at leisure or enjoy Ayurveda Therapy. Overnight stay at the hotel.

DAY 08: MARAIKULAM – KOLLAM (100 KMS – 2½ HRS)

After breakfast, check out from the hotel and leave for Kumarakom by surface. Arrive at Kollam and check in at the hotel. Kollam – the gateway to the magnificent backwaters of Kerala. Kollam is the centre of the country's cashew trading and processing industry and one of the oldest ports on the Malabar coast. Thirty percent of this historic town is covered by the Ashtamudi Lake, which forms a part of the world-renowned backwater, cruises of Kerala. Enjoy the sunset cruises at the Ashtamudi Lake. The effect is magical especially at twilight and at dawn. The backwaters offer endless opportunity for fishing, aquatic sports and cruises. The annual Ashtamudi Crafts and Art festival takes place in December/January every year at Kollam. Overnight stay at the hotel.

DAY 09: KOLLAM - VARKALA (30 KMS - 1 HR)

After breakfast, check out from the hotel and leave for Varkala by surface. Arrive at Varkala and check in at the hotel. One of the most interesting activities in Varkala is to visit the beach and offering spectacular views of the pristine, azure waters of the sea. The beach is famously known for its natural spring that is considered to have medicinal properties. Visit Janardhan Swami Temple. Yoga and Ayurveda are the most interesting activities in Varkala. There are so many studios and ashramas offering yoga classes to noobs and experienced practitioners in Varkala. Whether you are a beginning and looking to learn the basics of the trade or want to deepen your skills, there is something for everyone here. Experience meditation and soul searching at the next level with the help of some of the most authentic teachers and expert gurus. Most of the schools are surrounded by natural greenery, palm trees and offer classes in open, pollution free environs – thus adding to the serene experience. Overnight stay at the hotel.

DAY 10: VARKALA

Breakfast at the hotel. Full day at leisure or enjoy Yoga and Ayurveda Therapies. Overnight stay at the hotel.

DAY 11: VARKALA – KOVALAM (60 KMS – 1¹/₂ HRS)

After breakfast, check out from the hotel and leave for Kovalam by surface. Arrive at Kovalam (an internationally renowned beach) and check in at the hotel. Afternoon, relax on the beach. Overnight stay at the hotel.

DAY 12: KOVALAM

Breakfast at the hotel. Full day at leisure on the beach. It is the place to rejuvenate your body, mind and soul ecstatically. Overnight stay at the hotel.

DAY 13: KOVALAM

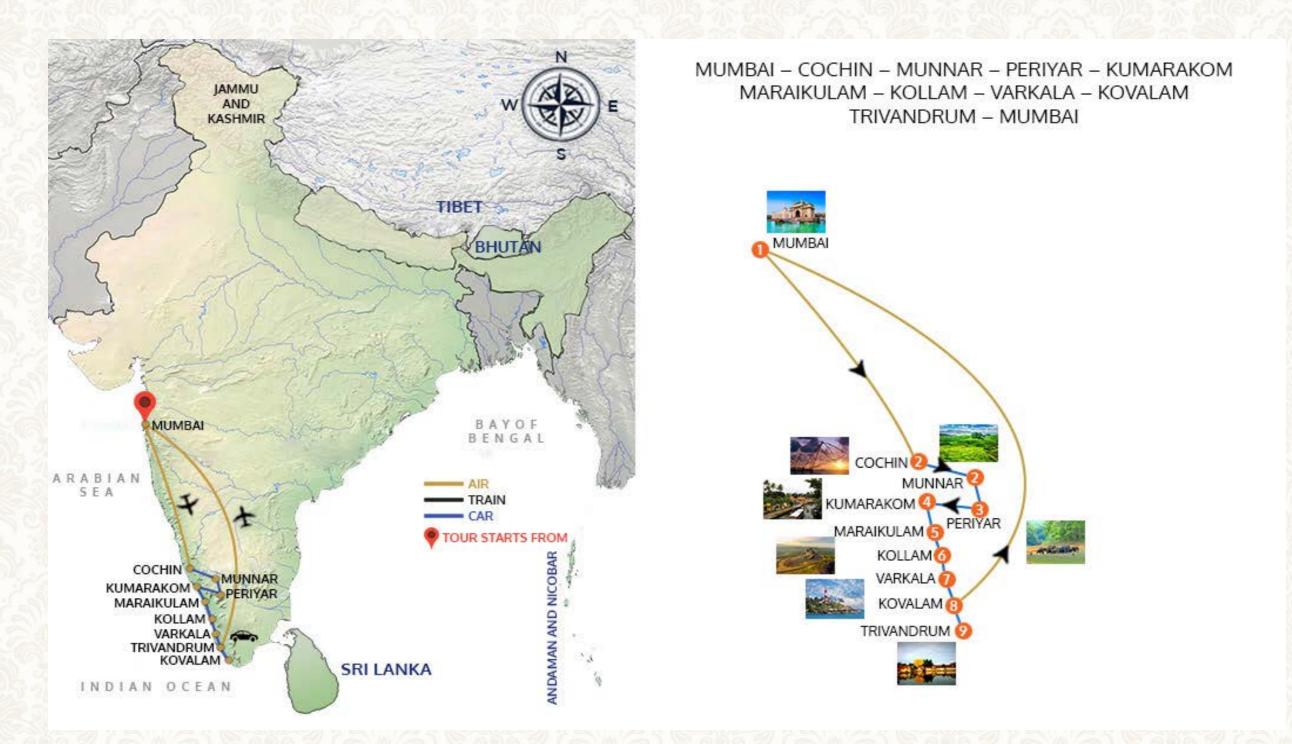
Breakfast at the hotel. Full day at leisure on the beach. It is the place to rejuvenate your body, mind and soul ecstatically. Overnight stay at the hotel.

DAY 14: KOVALAM – TRIVANDRUM (20 KMS – 45 MINUTES) – MUMBAI (BY AIR)

Breakfast at the hotel. Check out from the hotel and transfer to Trivandrum - The capital of Modern Kerala and the seat of erstwhile Travancore Maharaja's (King). Visit the Art Gallery, Padmanabhaswami Temple and Museum. Transfer to airport for flight to Mumbai. Arrive at Mumbai airport and transfer to the hotel. Check in at the hotel. Rest of the day at leisure. Overnight stay at the hotel.

DAY 15: MUMBAI

After breakfast, visit Mumbai (Bombay) the commercial capital of India. Although Buddhist and Hindu dynasties ruled the region until around the 13th century, there were only scattered settlements on the island. Once, a sultry tropical archipelago cluster of seven islands, the British developed Bombay merging the seven islands into one. Gateway of India built to commemorate the royal visit of George V and Queen Mary in 1911, the Prince of Wales Museum housing collection of Indo Saracenic architecture, Flora Fountain, Victoria Late evening, transfer to Mumbai International airport to fly back home \ onward destination.



Contact Our Destination Specialist

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